

Modbury Meanderer

****Evacuation Rules****

Leave the building immediately if instructed to by TTP staff or a leader. Do not go home until you have given name to one of the leaders. Leave by your nearest door & head to one of the points:
1 In carpark out from Millers
2 In carpark out from Woolworths

Listen only to leaders



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Xmas newsletter

Hi everyone. This will be a short newsletter as I haven't got time to do any more!

Don't forget to pick up your gift if you haven't already. Really great choice and has already been used by several people.

Last day to pay for the Xmas breakfast is Friday 13th December. The brekky is at Caffe Primo Tuesday 17th December from 8 am. \$30 for members

Last day of walking for this year is Friday 13th December. First day back is Tuesday 14th January. You can of course walk over the break, but as there will be no instructors available please don't wear your mallwalking t-shirt.

I will attach a form for you to complete if you have had any changes to address, phone number, emergency contact, Doctor, medical conditions or medications. You can either email it back to me or bring along when we start back. Thanks

I would like to take this opportunity to thank all of our wonderful instructors both the usual ones and the sometimes ones. We have had quite a few fill ins this year because of holidays, work and injuries, so thanks to all of those instructors. It makes it a lot easier when we can fill those positions.

A big thank you to the committee who work tirelessly to make sure that the group continues to flourish. A special thank you to Dick Smithson who has helped Bill out for quite a bit of the year—really appreciated. Also to Renata who does the birthday cards, day trips, some social events and along with Jillian seems to fill in whenever needed. A group is only as good as the people who run it so well done and have a well deserved break.

AM I getting to that age?

I found this timely, because today I was in a store that sells sunglasses, and only sunglasses. A young lady walked over to me and asked, "What brings you in today ? I looked at her and said, "I'm interested in buying a refrigerator." She didn't quite know how to respond.

I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

When people see a cat's litter box they always say, "Oh, have you got a cat?" Just once I want to say, "No, it's for company!"

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

HAVE A GREAT XMAS AND NEW YEAR

Social Round up

Xmas lunch was held at the Modbury Hotel on Wednesday 20th November and was really a great event.

Xmas breakfast will be held at Caffe Primo on Tuesday 17th December.

Australia Day Breakfast will be held at Thorndon Park on Sunday January 26th 2020.

More details and names will be taken when we get back from holidays.

Walking Cards: 10 walks for \$18 20 walks for \$30

If you shred your paper take it straight to the pet shop at Elizabeth Shopping Centre. They need plenty of it for the bottom of the pet cages.

Coffee roster:

As the group is so big, we can not all get to sit in the one venue. Businesses who support the mallwalkers are:

- Donut King
- Muffin Break
- 42nd St
- Perfect Cup
- Gloria Jeans
- Cibo

Your Walking Group have available for members to hire - at very reasonable rates the following items:
Small BBQ and Gas bottle \$10
Big BBQ—\$20 (\$50 bond)
Portable folding table opens to 6' x 2'6" (folds to 3' x 2'6") \$5

Champs Sports—upstairs near Kmart is giving walkers a discount if you mention you are a mall walker.

Birthdays

Dec: Kevin, Lenore, Max, Jill, John, Betty, Ray, Pamela, Barbara, Kay, Barbara, Raelene

Jan: Lynette, Dawn, Ros, Christine, Mary, John, Sharon, Glenys, Rae, Muriel, Ann, Val, Jean, Carol, Pauline, Julie, Kay, Joan, Anne, Ronald, Kaye

Feb: Renata, Kaye, Pam, Bob, Heather, Carmen, Di, Erin, Mary, Sandra, Priscilla, Shirley, Bev, Marj, Glenice, Judy

Tony Aldous is a JP if anyone is looking to have documents signed. He just needs a couple of days notice.

Margy and Bronwyn are marriage celebrants and can hatch, match or dispatch. They can also sign off on Advanced care directives, but this time needs to be booked as it takes about half an hour—cannot be done in walking time.