

# Modbury Meanderer

## **\*\*Evacuation Rules\*\***

Leave the building immediately if instructed to by TTP staff or a leader. Do not go home until you have given name to one of the leaders. Leave by your nearest door & head to one of the points:

- 1 In carpark out from Millers
- 2 In carpark out from movie theatres
- 3 In parking area out from Jetty Surf.

Listen only to leader

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## AGM

The AGM is coming up soon and there will be a couple of positions to fill. A group is only as good as the committee that oversees it.. The group are looking for a couple of walkers who can give a little bit of their time. Meetings are held bi monthly and last about an hour and a half (some of that time is for supper!)

It would be good if the people who nominate have basic computer skills. The positions that will become vacant are:

- Vice President
- Secretary

The president has job descriptions for these positions. Please consider nominating - it is not a big commitment.

### **TTGully Uniting Church Milne Rd Banksia Park presents:**

#### **CANCER RESEARCH FUNDRAISER**

Wed July 17th at 7:30 pm at Graham Goodings guest speaker.

Bookings essential on 8396 3252 or events@ttguc.org.au

#### **GARAGE SALE**

Sat July 27th 10-3 . Goods wanted. Call 8396 3252 to arrange to drop off goods to church.

#### **Work Wanted**

Home Maintenance, paving, retaining walls, flat packs, kitchen installation, stormwater—Phone Luke on 0401001237

#### **Westfield Marketing**

Lucy the marketing manager here at TTP would like to enhance our walking experience.

They are interested in what you guys would like them to do:

Some suggestions:

- T-Shirts (they would pay)
- Discounts throughout the Centre

Have you any other suggestions? If you have see Jeanette and she will put them forward.

**FREE;** Wooden Trestle table. L 1.8m ; W .90m ; H .90m.

Tel: Mike or Pauline 0883966761.

## Social Round up

### Mystery Bus Tour

This was a great day out and a big thank you to the people who were able to gather the numbers to ensure that it went ahead. If more people do not support these trips the social club will not schedule any in the future. If there is something that you would rather have the social club organise, let them know.

### Mid Year Dinner

This will be held on Wednesday June 24, from 12 pm at the Windsor Hotel. This event will be subsidised \$11 by the committee, so please bring \$15 in an envelope with your name on. Non members the cost will be \$26. Money will be collected from July 2 and there is a menu available from social club

#### **Walking Cards:**

10 walks for \$18

20 walks for \$30

**Don't forget Carol is still collecting stamps for charity.**

**If you shred your paper either give it to Carol or take it straight to the pet shop in Modbury Triangle. They need plenty of it for the bottom of the pet cages.**

#### **Coffee roster:**

1st week of the month is downstairs

- Donut King, Café Combo and Michels

2nd week is downstairs

3rd week: Upstairs—Cibo and 42nd Street

4th Week: Upstairs

Your Walking Group have available for members to hire - at very reasonable rates the following items:

BBQ and Gas bottle \$5

Tarpaulins/screens 2 each 6 x 8 ft

with poles and pegs \$5 each

Portable folding table opens to 6' x 2'6" (folds to 3' x 2'6") \$5

Also your Walking Group has obtained free membership to Rays Outdoors. Our members will be entitled to a discount of up to 10% on most purchases.

An individual card is not needed. To benefit members simply need to quote our Membership No as ID - D48388.

#### **Enquiries to Bill Devine.**

Tony Aldous is a JP if anyone is looking to have documents signed. He just needs a couple of days notice.

## Speakers

Fri Jul 5—Frances Bedford Part 2 of the Suffragette Movement

Fri Sept 6—Ted Jedzynac from the foot and leg centre

Fri Nov 8—Sara Hennessy-Mead from Alzheimers

## Birthdays

**June:** Judy, Purita, Meryl, Sigrid, Judy, Betty, June, Miranda, Jillian, Carol, Sandra, Liz, Janet, Nadine, Maija

**July:** Anne, Teresa, Janet, Wendy, Todd, Anne, Jessie, Helen, Rae, Bev, Christine, Roger, Tom, Carol, Margaret, Des

**August:** Peter, Rob, Peggy, Joan, Pauline, Wendy, Janette, Petra, Carmel, Thea, Joan, Janet, Joy, Helen, Rexene, Bill, Roland, Ros

**September:** Joyce, Lorraine, Jan, Damian, Shirley, Wendy, Margaret, Yvonne, Patricia, Rosslyn, Ros, Hazel, Jan, Pam, Judy

# Recipes for Winter

## RATATOUILLE

Thanks to Shirley Lydyard

1 large red pepper deseeded  
 1 large zucchini  
 2 large purple onions           CUT THESE 4 IN LARGE CHUNKS  
 1 eggplant  
 Tin chopped tomatoes  
 Tomato puree  
 Fresh herbs, black pepper, salt to taste  
 Pasta  
 Grated cheddar cheese  
 Cook all vegies, add herbs and seasonings and tomatoes, puree. Cook pasta.  
 Serve with grated cheese and bread

## PUMPKIN AND VEGETABLE SOUP

Jeanette

1 onion  
 1/2 Pumpkin (any sort)  
 1 sweet potato  
 2 carrots, 2 stalks celery  
 2 potatoes  
 1/2 large eggplant  
 1 tspn cumin and 1 tspn turmeric, salt pepper to taste  
 1 cup of red lentils  
 Vegetable stock to cover  
 Cook off onion then add vegies. Cook slowly until all vegies cooked, can add cheese and cream.

## MARSHMALLOW TART

Ida Lee

**Pastry:** beat 1 tbspn butter and 1 tbspn sugar til creamy, add 1 egg and 1 1/2 cups SR Flour  
 Mix until get a soft dough  
 Roll out and line a baking dish (230 x 280cm approx) Dish must be at least 1 1/2 cm deep. Prick with fork over the base and bake until golden brown.

### **Lemon Cheese Filling**

1 cup sugar, 1 cup water, 1 desrtspn dissolved gelatin in 1 desrtspn warm water and the juice of 1 lemon.  
 Bring all to the boil and thicken with 1 desrtspn each of cornflour and custard powder. Stir over gentle heat for a few minutes then add 1 desrtspn of butter, pour into cooked pastry shell, stir for a few secs .... Allow to cool.

### **Marshmallow**

1 cup sugar, 1/2 cup boiling water, 1 desrtspn gelatine dissolved in 1/4 cup boiling water, add tspn vanilla essence to the mix and beat for about 10 mins. Volume will become quite large and the mix stiff.  
 Pour over lemon mix ..you can now sprinkle with coconut or leave plain. Allow to cool  
 Cover with glad wrap and will keep for about 1 week.

**Tea Tree Plaza Walking Group**

PO Box 530  
Modbury SA 5092

Contact: Walk Leader  
Jeanette Richards  
Mobile: 0405630039  
Email: jr829452@gmail.com  
www.mallwalking.net

Tea Tree Plaza Walking Group Inc is a not for profit organization.

Some of the services they provide:

- Walking twice per week
- Social Club
- Day Trips
- Guest Speakers
- Fun & Fitness



**A big thank you to Frances Bedfords' office for the continued support & printing of the newsletter**

**Distances—TTPlaza**

Ground floor-400 mtrs  
Top floor (including all exit areas) 1.5 km  
Both top and bottom 1.9 kms  
2 laps=3.8 kms  
3 laps=5.7 kms  
2 bottoms & a top 2.3 kms  
3 bottoms @ a top 2.7 km  
With renovations due to start soon, these distances will change again.  
The manager says that it should not affect the walkers much at all.

**Funnies**

On a golf tour in Ireland, Tiger Woods drives his Mercedes into a petrol station in a remote part of the Irish countryside. The pump attendant who knows absolutely nothing about golf, greets him in typical Irish manner completely unaware of who the golfing pro is.  
"Top of the mornin' toyer, sir" says the attendant.  
Tiger nods a quick "hello" and bends forward to pick up the nozzle. As he does so, two tees fall out of his shirt pocket onto the ground.  
"What are those?, asks the attendant.  
"They're called tees" replies Tiger.  
"Well, what on this god's earth are dey for?"? inquires the Irishman.  
"They're for resting my balls on when I'm driving", says Tiger.  
"Jeez", says the Irishman, "Mercedes thinks of everything!".